



Hampshire Hills Lap Pool Usage Schedule

10/18/25
Schedule Subject To Change

High School Swim Team Practices | November 17-February 13 *ONE LANE OPEN FOR MEMBERS*

Monday	Tuesday	Wednesday	Thursday
Bishop Guertin Swim Team 5:00-6:30pm		Bishop Guertin Swim Team 5:00-6:30pm	
Milford High Swim Team 8:00-9:30pm	Souhegan High Swim Team 8:00-9:30pm	Milford High Swim Team 8:00-9:30pm	Souhegan High Swim Team 8:00-9:30pm

Hampshire Hills Swim Team Prep | January 20-March 26 Swim Team Prep Does Not Run 11/21-1/5 & 3/13-4/12 *ONE LANE OPEN FOR MEMBERS*

Monday	Tuesday	Wednesday	Thursday
	HH Swim Team Prep 5:30-6:30pm		HH Swim Team Prep 5:30-6:30pm

Annual 100 X 100 Swim Event | January 2 | 12:00-4:00
ONE LANE OPEN FOR MEMBERS

POOL CLOSED FOR SWIM MEET | FEBRUARY 2 | 2:00-6:00

Lap Lane Swimmers:
***If you would like to be added to the Lap Pool Scheduling & Events Email List
please email - jbishop@hampshirehills.com***