

Breakfast All Day

***Breakfast Sandwich** \$6⁵⁰

Egg, cheese and a choice of bacon or sausage on a bagel or English muffin. - Egg & Cheese Only \$4⁷⁵

***Kathy Breakfast Sandwich** \$6⁵⁰

Egg, cheddar cheese, bacon, spinach on a bagel or English muffin.

***Egg & Avocado Sandwich** \$6²⁵

Egg, cheddar cheese, tomato, avocado spread on a bagel or English muffin.

***Veggie Wrap** \$9²⁵

2 eggs, sautéed onion, mushrooms, peppers, tomatoes, spinach, and cheddar cheese in a grilled wrap.

***Classic Wrap** \$8²⁵

2 eggs, bacon, American cheese in a grilled wrap.

***Loaded Wrap** \$9⁵⁰

2 eggs, bacon, American cheese, and home fries in a grilled wrap.

***The Greenhouse Bowl** \$9⁰⁰

2 eggs your way on a bed of crispy home fries with sautéed onion, mushrooms, peppers, and spinach topped with avocado.

***The Porky Pig Bowl** \$9⁰⁰

2 eggs your way, on a bed of crispy home fries with bacon, and sausage, and cheddar cheese.

***Breakfast Bowl** \$9⁰⁰

2 eggs your way on a bed of crispy home fries, cheddar jack cheese, and up to 4 additional ingredients.

\$2 upcharge for more than one meat as additional ingredient.

***Cafe Omelette** \$9⁰⁰

Two eggs or egg whites with cheese and up to 4 additional ingredients. Served with toast or as a wrap.
\$2 upcharge for more than one meat as additional ingredient.

***Avocado Toast** \$5⁰⁰

Mashed avocado, over easy egg, sriracha drizzle.

Bagel \$3⁰⁰

Toasted with cream cheese or peanut butter.
plain - everything - cinnamon raisin

Sides & Snacks

Toast \$2⁰⁰
wheat - white - multi-grain - rye - sourdough

English Muffin \$2⁰⁰

Muffins \$3⁵⁰

Yoplait Yogurt \$1⁷⁵

Bacon or Sausage \$2⁰⁰

Home Fries \$4⁰⁰

Soup Cup \$5⁰⁰ / Bowl \$6⁰⁰

Scoop of Chicken/Tuna Salad \$5⁵⁰

Fries \$4⁷⁵ / \$5⁷⁵

Sweet Potato Fries \$5²⁵ / \$6²⁵

Apple, Grapes, Carrots \$1⁷⁵

Apple Sauce \$1⁷⁵

Cookie \$2⁰⁰

Scone \$3⁰⁰

Cream Cheese 50¢

Peanut Butter 50¢

Extra Dressing 50¢

Beverages

Coffee/Tea \$2⁷⁵

Iced Coffee/Tea \$2⁷⁵

Hot Chocolate \$2⁷⁵

Fountain Soda \$2⁵⁰

**Additional
Drinks In Cooler**

Smoothies \$6⁵⁰

Made With Fruit Juice
or Almond Milk

Add Yogurt \$1⁷⁵

Add Protein Powder \$1⁵⁰

**Banana
Strawberry Banana
Green Apple**

**Triple Berry
Peaches & Cream
Strawberry Mango**

 breakfast all day 



THE CAFE

at Hampshire Hills

Monday -Friday

9:00-4:00

Saturday

9:00-2:00

Sunday

11:00-2:00

good food fast  not fast food

50 Emerson Rd-Milford, NH | 603.673.7123, x224

Cafe Kids' Meals

\$8⁵⁰

Grilled Cheese
Chicken Fingers
Kraft Mac & Cheese
Hot Dog

Includes juice box, or milk.
Choice of apple sauce, grapes,
carrots, fries, or chips.



Sandwiches, Burgers & More

Turkey & Cheese \$8⁷⁵

Deli style turkey, American, or Swiss cheese, lettuce, tomato.
Add avocado spread \$2⁰⁰ / Add bacon \$2⁰⁰

Chicken Salad/Tuna Salad \$8⁷⁵

Homemade chicken salad or tuna salad with
celery, scallions, garlic, mayo, lettuce and tomato.

BLT \$7⁵⁰

Bacon, lettuce, tomato, and mayo.
Add avocado spread \$2⁰⁰

Grilled Cheese \$4⁵⁰

American cheese and your choice of bread.
Add tomato \$1⁰⁰ / Add avocado spread \$2⁰⁰ / Add bacon \$2⁰⁰

Choice of, white, wheat, rye, multi-grain bread, sourdough.
Gluten free bread: \$2⁰⁰

Cafe Burger \$9⁰⁰

5 oz patty with lettuce, tomato, onion.
Add cheese \$1⁰⁰ / Add avocado spread \$2⁰⁰ / Add bacon \$2⁰⁰

Hot Dog \$3⁰⁰

Grilled. Add onions and cheese: 50¢

Chicken Tenders \$7⁰⁰

Served with choice of honey mustard, ranch, bbq sauce.
Add fries: \$3⁰⁰

Cheese Quesadilla \$4⁵⁰

Flour tortilla with cheddar cheese.
Add grilled chicken: \$3⁰⁰

Alejandro Quesadilla \$9²⁵

Flour tortilla with grilled chicken, avocado,
cheddar cheese, bacon, tomato, and ranch dressing.

Sweet Potato Quesadilla \$8⁷⁵

Flour tortilla with sweet potato fries,
grilled spinach and onions, cheddar cheese, and ranch dressing.

Wraps

Choice of flour, wheat or spinach wrap.
Add avocado spread-\$2⁰⁰. Add bacon-\$2⁰⁰.

Chicken Caesar \$9⁰⁰

Grilled chicken, romaine lettuce, Parmesan cheese
and Caesar dressing. - Add croutons 50¢

Turkey Club \$9⁰⁰

Turkey, bacon, American cheese, lettuce, tomato and mayo.

Cranberry Chicken \$9⁰⁰

Grilled chicken, fresh spinach, maple glazed walnuts,
dried cranberries, goat cheese, and balsamic glaze.

Avocado Veggie \$8⁵⁰

Lettuce, tomato, red peppers, cucumber, carrots,
avocado spread, drizzle of ranch dressing.

Ranch Chicken \$9⁰⁰

Grilled chicken, lettuce, tomato, cheddar cheese, bacon,
and ranch dressing.

California Turkey \$9⁰⁰

Turkey, avocado spread, cheddar cheese, lettuce, tomato,
and ranch dressing.

Chicken Tender \$9⁰⁰

Crispy chicken tenders, lettuce, tomato, cheddar cheese,
mayo, honey mustard, or ranch dressing.

Steak & Cheese \$8⁵⁰

Tender shaved beef and American cheese.

Steak Bomb \$9⁵⁰

Tender shaved beef, sautéed onions, peppers, mushrooms, and
American cheese.

Veggie Bomb \$9⁰⁰

Fresh spinach, tomato, grilled onions, peppers, mushrooms,
goat cheese and balsamic glaze.

Salads

Add crispy chicken, grilled chicken, chicken salad,
tuna salad, turkey or ham for \$3⁰⁰.

Garden \$8⁰⁰

Crisp romaine, tomato, carrots, cucumber, shredded cheddar,
choice of dressing.

Craisin Walnut \$9⁰⁰

Garden salad topped with Craisins, maple glazed walnuts, and
goat cheese. Served with your choice of dressing.

Caesar \$8⁰⁰

Romaine lettuce, Parmesan cheese, homemade croûtons,
and Caesar dressing.

Chicken Salad Sundae \$9⁷⁵

Scoop of chicken salad on fresh spinach, maple glazed walnuts,
grapes, Craisins, goat cheese, and balsamic glaze.

Prices Do Not Include 9% Meals Tax

*Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs
may increase the risk of food borne illness.

**Before placing your order please inform server if person in your party has a food allergy.