

Skills Camp

Grades 2-12

Co-ed players will be placed together by age and ability in groups of 12:1 player to coach ratio for a maximum learning environment. Training gradually increases in difficulty according to each groups understanding and execution. Individual skills and team play are the main focus.

July 27-31

Full Day 9am-3pm

Member: \$180 Nonmember: \$225
Bring a lunch

Half Day 9am-12:30pm

Member: \$120 Nonmember: \$150
Bring a snack

Advanced Training Camp

Ages 13-18

Recommended for high school and club players with a commitment to the sport and the motivation to take their game to the next level. Challenging and intense, this camp stresses position play, team techniques and match play. Training camp is co-ed.

Aug 10-14

9am-1pm

Member: \$240 Nonmember: \$300

**Camps are held outdoors and
at The Hampshire Dome.**

**Don't forget water
and sunscreen.**

**Contact Rachel Robichaud for
additional information,
603.673.7123, x272**



**VOLLEYBALL
CAMPS
Summer 2009**

50 Emerson Rd, Milford, NH
hampshirehills.com

Hampshire Hills Summer Volleyball Camp REGISTRATION FORM 2009

Name _____

Age _____ Date of Birth _____

Address _____

City _____ State _____ Zip _____

Phone # _____

E-mail _____

Parent/Guardian Name _____

Day Phone # _____

Emergency Contact _____

Phone # _____

Any allergies, etc. we should be aware of?

Alternate Pick Up Person _____

Phone # _____

HH Member _____ Nonmember _____

T-Shirt Adult Sm Med Lg XLg

T-Shirt Youth Sm Med Lg

(please circle one)

Please enclose a check made payable to Hampshire Hills

HAMPSHIRE HILLS SPORTS & FITNESS CLUB

P.O. Box 404

50 Emerson Rd.

Milford, NH 03055

603-673-7123