

# Skills Camp

## Ages 8-18

Co-ed players will be placed together by age and ability in groups of 12:1 player to coach ratio for a maximum learning environment. Training gradually increases in difficulty according to each groups understanding and execution. Individual skills and team play are the main focus.

**July 26-30**  
**9am-3pm**

**Member: \$140**  
**Nonmember: \$185**

**Bring a lunch**

**Camps are held outdoors and  
at The Hampshire Dome.  
Don't forget water  
and sunscreen.**

**Contact Rachel Robichaud for  
additional information,  
603.673.7123, x272**



# VOLLEYBALL CAMPS

## Summer 2010

50 Emerson Rd, Milford, NH  
hampshirehills.com

### Hampshire Hills Summer Volleyball Camp REGISTRATION FORM 2010

Name \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_

E-mail \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Day Phone # \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone # \_\_\_\_\_

Any allergies, etc. we should be aware of?  
\_\_\_\_\_

Alternate Pick Up Person \_\_\_\_\_

Phone # \_\_\_\_\_

HH Member \_\_\_\_\_ Nonmember \_\_\_\_\_

T-Shirt Adult    Sm    Med    Lg    XLg

T-Shirt Youth    Sm    Med    Lg

(please circle one)

Please enclose a check made payable to Hampshire Hills  
HAMPSHIRE HILLS SPORTS & FITNESS CLUB  
P.O. Box 404  
50 Emerson Rd.  
Milford, NH 03055  
603-673-7123